

ONE HOUR PRESENTATIONS

Dynamic Communication

Build powerful and productive relationships using the DiSC Behavioral Communication Model. Gain an understanding of your personal communication style, recognize the style of others and adapt for successful communication.

I Power

Intentional Living based on **I**ntuition & **I**ntegrity. An **I**nvitation to discover, explore and honor your values and create alignment towards personal and professional goals.

The Strength of Journaling

An introduction to the strength of journaling for personal growth and development. Discover the tips, benefits, and how to get started on this exciting journey.

Coaching in the Workplace (Based on The Coaching Clinic)

An introduction to a powerful structure and process which enables leaders and managers to begin coaching for winning performance immediately. Experience first hand the cutting edge coaching technology now being used in leading organizations around the globe. Understand the benefits of coaching in the workplace, implement the 5 step coaching process, and learn and practice the 4 primary coaching skills.

FULL DAY WORKSHOPS

Team Building Adventure

An engaging workshop presenting a Dynamic Communication (DiSC) overview and including individual DiSC Team Insights assessment and experiential learning and problem solving activities.

Benefits include improved team productivity, enhanced communication skills, improved employee retention and superior customer relations.

Coaching Clinic®

The Coaching Clinic is for professionals – from executives, team leaders, or managers to newly appointed supervisors – who wish to have a fully developed coaching model and platform for skill development. The Coaching Clinic program generates rapid development of individuals and teams, and increases leadership potential.

Presentation Excellence

A workshop designed to build confidence and impact from public speaking. A focus on content preparation, body language, tone of voice and other important coaching tips for success. Get past the fear and enjoy the experience!